Breakfast Casserole

# Ingredients

* 1 pound bulk pork sausage or diced ham
* 12 eggs
* 2&1/2 cups milk
* 1 teaspoonful salt
* 1&1/2 teaspoonfuls ground mustard
* 4-6 pieces white bread, torn
* 2-2&1/2 cups shredded cheddar cheese
* Grated/chopped onion, optional

# Directions

1. Cook sausage (if using) and drain well.
2. Grease a 9”X13” casserole dish or pan..
3. In a large bowl, beat the eggs. Stir in milk, salt and mustard. Mix well.
4. Add bread pieces, cheese, onions (if using) and sausage or ham.
5. Pour egg mixture evenly into casserole dish. Cover with foil and refrigerate overnight.
6. In the morning, remove from refrigerator and let stand for 30 minutes. Preheat oven to 350 degrees. Remove foil and bake uncovered for 1 hour.

# Notes

* 2 casseroles will take longer than 1 casserole